

# Are you looking forward to retirement ... ... and a friendly way to enjoy it?

LOCAL U3As around Rainworth are now co-operating to bring University of the Third Age membership opportunities to older people who are retired, or not in full-time employment, living in Rainworth, Blidworth, Bilsthorpe, Ravenshead, Sherwood, Farnsfield and the South of Mansfield. (The popularity of all the U3As nearby has forced them to close their memberships to new members.)



So if you enjoy making new friends, the stimulation of learning new things and passing your knowledge on to others, Rainworth U3A will welcome you.

We'll help you to join in with continued learning in academic subjects at national summer schools and participate in friendly interest groups, co-operating for activities and hobbies. (No qualifications are needed and none is offered.)



Members will meet monthly at Rainworth Village Hall from 9th October (10.00 - 12.00) to share interests in art appreciation, bridge, board games, crafts, singing, needlework, music, history, literature, wine tasting and scrabble.

And they'll learn more about drawing, photography, technology, writing for pleasure and genealogy.

Or would you like to keep fit, joining-in with activities like walking, bowls, Yoga and Tai Chi?

Perhaps you're interested in something else, such as languages or dancing, and would like to share that with others?

There'll be informative and entertaining speakers at most monthly meetings from 11th December and you may enjoy opportunities to socialise on theatre, concert and garden visits, caravanning, lunches and group holidays too.

**Rainworth U3A's launch meeting on 9th October (10.00 - 12.00) will be free, with tea, coffee and biscuits, and you'll meet dozens of like-minded local people who already enjoy their retirement.**



[www.u3a.org](http://www.u3a.org) (Rainworth U3A updates at <http://tinyurl.com/oqhw6r4>)

Email: [rainworthu3a@outlook.com](mailto:rainworthu3a@outlook.com)

## Coming to Rainworth

Further information from Liz Wilson: 01623 640835; email: [lizskill@tiscali.co.uk](mailto:lizskill@tiscali.co.uk)